

## Our Lady Star of the Sea School September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
9 <ul style="list-style-type: none"> <li>● Chicken Sandwich on Whole Wheat Bun</li> <li>● Veggie Dippers</li> <li>● Fruit Cup</li> <li>● Choice of milk</li> </ul>	10 <ul style="list-style-type: none"> <li>● Whole Wheat Pasta and Meatballs</li> <li>● Italian Bread</li> <li>● Side salad</li> <li>● %100 Juice</li> <li>● Choice of milk</li> </ul>	11 <ul style="list-style-type: none"> <li>● Taco Bowls (ground turkey and beans)</li> <li>● Whole Grain Tortilla Chips</li> <li>● Corn</li> <li>● Applesauce</li> <li>● Choice of milk</li> </ul>	12 <ul style="list-style-type: none"> <li>● Burgers/Cheeseburgers</li> <li>● Tater Tots</li> <li>● Veggie Dippers</li> <li>● 100% Fruit Juice</li> <li>● Choice of milk</li> </ul>	13 <ul style="list-style-type: none"> <li>● Pizza</li> <li>● Side salad</li> <li>● Fruit Cup</li> <li>● Choice of milk</li> </ul>
16 <ul style="list-style-type: none"> <li>● Chicken Nuggets</li> <li>● Mac and Cheese</li> <li>● Veggie Dippers</li> <li>● Apple Slices</li> <li>● Choice of milk</li> </ul>	17 <ul style="list-style-type: none"> <li>● Chicken Broccoli Alfredo with pasta</li> <li>● Fruit Cup</li> <li>● Side Salad</li> <li>● Choice of milk</li> </ul>	18 <ul style="list-style-type: none"> <li>● Turkey Sandwich on a Whole Wheat Bun</li> <li>● Lettuce, tomato, onion toppings</li> <li>● 100 %Fruit Juice</li> <li>● Choice of milk</li> </ul>	19 <ul style="list-style-type: none"> <li>● Burgers/Cheeseburgers</li> <li>● Tater Tots</li> <li>● Veggie Dippers</li> <li>● 100% Fruit Juice</li> <li>● Choice of milk</li> </ul>	20 <ul style="list-style-type: none"> <li>● Fish Sandwich on Whole Wheat Bun</li> <li>● Side Salad</li> <li>● Fruit Cup</li> <li>● Choice of Milk</li> </ul>
23 <ul style="list-style-type: none"> <li>● Chicken Sandwich on whole wheat bun</li> <li>● Veggie Dippers</li> <li>● Fruit Cup</li> <li>● Choice of milk</li> </ul>	24 <ul style="list-style-type: none"> <li>● Whole Wheat Pasta and Meatballs</li> <li>● Italian Bread</li> <li>● Side salad</li> <li>● Juice</li> <li>● Choice of milk</li> </ul>	25 <ul style="list-style-type: none"> <li>● Taco Bowls (ground turkey and beans)</li> <li>● Whole Grain Tortilla Chips</li> <li>● Corn</li> <li>● Applesauce</li> <li>● Choice of milk</li> </ul>	26 <ul style="list-style-type: none"> <li>● Burgers/Cheeseburgers</li> <li>● Tater Tots</li> <li>● Veggie Dippers</li> <li>● 100% Fruit Juice</li> <li>● Choice of milk</li> </ul>	27 <ul style="list-style-type: none"> <li>● Pizza</li> <li>● Side salad</li> <li>● Fruit Cup</li> <li>● Choice of milk</li> </ul>
30 <ul style="list-style-type: none"> <li>● Chicken Nuggets</li> <li>● Mac and Cheese</li> <li>● Veggie Dippers</li> <li>● Apple Slices</li> <li>● Choice of milk</li> </ul>				