Our Lady Star of the Sea School November Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4 Chicken Sandwich on Whole Wheat Bun Corn chips Veggie Dippers Fruit Cup Choice of milk	5 Whole Wheat Pasta and Meatballs Italian Bread Side salad %100 Juice Choice of milk	6 Turkey Sandwich on a Whole Wheat Bun Lettuce, tomato, onion toppings Corn chips 100 %Fruit Juice Choice of milk	7 Burgers/Cheeseburgers Tater Tots Veggie Dippers 100% Fruit cup Muffin Choice of milk	8 Whole Wheat Pizza Bagel Side Salad Fruit Juice Scooby Snack Choice of Milk
11 Chicken Sandwich on Whole Wheat Bun Side salad Muffin Fruit Cup Choice of milk	Chicken Broccoli Alfredo with pasta Fruit Cup Side Salad Choice of milk	13 Taco Bowls (ground beef and beans) Whole Grain Tortilla Chips Corn Fruit Juice Choice of milk	14 Fish Sandwich on Whole Wheat Bun String beans Fruit Cup Muffin Choice of Milk	15 Whole Wheat Pizza Bagel Side Salad Fruit Juice Scooby Snack Choice of Milk
18 Chicken Nuggets Mac and Cheese Veggie Dippers Apple Slices Choice of milk	19 Whole Wheat Pasta and Meatballs Italian Bread Side salad Juice Choice of milk	Turkey Sandwich on a Whole Wheat Bun Lettuce, tomato, onion toppings Corn chips 100 %Fruit Juice Choice of milk	21 Burgers/Cheeseburgers Tater Tots Veggie Dippers Scooby Snack Fruit Cup Choice of milk	Whole Wheat Pizza Bagel Side Salad Fruit Juice Scooby Snack Choice of Milk
25 Chicken Sandwich on Whole Wheat Bun Side salad Muffin Fruit Cup Choice of milk	26 Turkey Sandwich on a Whole Wheat Bun Lettuce, tomato, onion toppings 100 %Fruit Juice Choice of milk	27 Taco Bowls (ground beef and beans) Whole Grain Tortilla Chips Corn Applesauce, Choice of Milk	28 Thanksgiving Break	29 Thanksgiving Break